

Aesthetics | One Year Program

Scope & Sequence

Semester One

AE101 - Aesthetics I

District Pre-Assessment

Unit 1 (5 Days) Orientation

- West-MEC Handbook
- Aesthetician Policies
- History and Career Opportunities in Aesthetics
- Life Skills
- Professional Image
- Communicating for Success
- Student Kits
- CTSO Integration (Leadership Skills): Introduction to Skills USA, Competitive Opportunities, Officer Elections
- Professional Skills: 4.A-4.F, 7.A-7.C, 9.C
- Academic Standards: ELA.11-12.L.4
- Work-based Learning: Career Exploration Activities
- Technical Standard: 1.1-.7, 8.1

Unit 2 (5 Days) Infection Control, & Safety

- First Aid
- Infection Control Principles & Practices
- Arizona State Board of Cosmetology Rules & Regulations
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Officer training, Fundraising
- Professional Skills: 8.A-8.I
- Academic Standards: ELA.11-12.L.4, 5.A-5.E
- Work-based Learning: Student-Based Enterprise Student Models
- Technical Standard: 2.1-.12, 9.5

Unit 3 (25 Days) Aesthetics

- The Treatment Room
- Facial Treatments
- Facial Massage
- Facial Machines
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons
- Professional Skills: 3.A-3.E, 4.A-4.F, 8.D
- Academic Standards: ELA.11-12.RI.7, ELA.11-12.W.4, ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.2, 5.NF.B.6, 7.RP.A.3
- Work-based Learning: Student-Based Enterprise Student

Models

- Technical Standard: 3.1-.7, 4.1-.11, 7.1-.7, 8.1-.6, 10.1-.2

Unit 4 (15 Days) Skin Sciences

- Skin Physiology
- History of the Skin
- Skin Disease & Disorders
- Skin Analysis
- Skin Care Products: Chemistry, Ingredients, & Selection
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service, Fundraising
- Professional Skills: 1.A-1.D, 3.A-3.E
- Academic Standards: ELA.11-12.W.7, ELA.11-12.W.8, ELA.11-12.W.9, ELA.11-12.W.2
- Work-based Learning: Student-Based Enterprise Student Models
- Technical Standard: 3.1-.7

Unit 5 (15 Days) General Science

- General Anatomy and Physiology
- Basic Electricity
- Basic Nutrition
- CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, Fall Conference, Fundraising
- Professional Skills: 3.A-3.E
- Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.L.4, ELA.11-12.W.2, ELA.11-12.L.6, ELA.11-12.SL.4, 5.NF.B.3
- Work-based Learning: Resume and Cover Letter Development, Student-Based Enterprise Student Models
- Technical Standard: 3.1-.6, 11.1-.4

Unit 6 (25 Days) Advanced Topics & Treatments

- Chemical Exfoliation
- Microdermabrasion
- Dermaplaning
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service
- Professional Skills: 3.A-3.E, 4.A-4.F, 8.A-8.D
- Academic Standards: ELA.11-12.L.4, 5.NF.B.6
- Work-based Learning: Guest Speaker, Informational Interview, Student-Based Enterprise Student Models
- Technical Standard: 4.1-.11, 10.1-.2
- Basic Chemistry

Semester Exam

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Semester Two

AE102 - Aesthetics II

AE102S - Aesthetics II Summer

Unit 7 (15 Days) **The World of Makeup**

- Color Theory
- Daytime Makeup
- Special Occasion Makeup
- Artificial Lashes and Eyelash Extensions
- Lash & Brow Tinting
- CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, Regional Conference
- Professional Skills: 3.A-3.E, 4.A-4.F, 6.A-6.C
- Academic Standards: ELA.11-12.W.9, A-CED.A.1
- Work-Based Learning: Guest Speaker, Student-Based Enterprise Student Models
- Technical Standard: 6.1-.6

Certification: Eyelash Extension Certification

Unit 8 (20 Days) **Hair Removal**

- Methods of Hair Removal
- Eyebrow Waxing/Shaping
- Leg & Bikini Waxing
- Arm & Underarm Waxing
- Facial Waxing
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising, Community Service
- Professional Skills: 3.A-3.E, 4.A-4.F
- Academic Standards: ELA.11-12.SL.3, ELA.11-12.SL.6, A-CED.A.1
- Work-Based Learning: Guest Speaker, Field Trip/Workplace Visit, Student-Based Enterprise Student Models
- Technical Standard: 5.1-.8, 10.1-.2

Unit 9 (15 Days) **Business Skills**

- Career Planning
- The Skin Care Business
- Selling Products and Services
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising

- Professional Skills: 1.A-1.D, 2.A-2.C, 3.A-3.E, 4.A-4.F, 5.A-5.E, 7.A-7.C, 8.A-8.I, 9.A-9.C
- Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.SL.4, ELA.11-12.SL.6, ELA.11-12.W.8, ELA.11-12.W.9, ELA.11-12.SL.3, ELA.11-12.SL.6, 6.RP.A.3, 7.RP.A.3
- Work-Based Learning: Career Exploration, Resume Review, Mock Interviews, Student-Based Enterprise Student Models
- Technical Standard: 8.1-.7, 9.1-.10

Unit 10 (20 Days) **Spa Treatments**

- Stone Therapy
- Body Scrubs
- Back Facials
- Body Wraps
- CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, State Conference
- Professional Skills: 3.A-3.E, 4.A-4.F, 6.A-6.C
- Academic Standards: ELA.11-12.SL.3
- Work-Based Learning: Student-Based Enterprise Clinic
- Technical Standard: 3.1-.7, 4.1-.11

Unit 11 (25 Days) **State Board Prep**

- State Board
- Preparation and Practice
- Written Theory and Written Practical Prep
- CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, National Conference
- Professional Skills: 1.D, 3.A-3.E, 4.A, 4.B, 4.F, 8.D-8.F
- Academic Standards: ELA.11-12.RI.10, 6.RP.A.3, 7.RP.A.3, 7.G.B.4, A-CED.A.1
- Work-Based Learning: Student-Based Enterprise Clinic
- Technical Standard:

Certification: Arizona Board of Cosmetology Aesthetician License Exam

District Post-Assessment

Common AZCCR Math Standards (CAMS) English Language Arts Standards (ELAS) Skills US